Wizz World of®

SOCIAL STUDIES



GRADE 1

Wizz Publishers

Aligned with Single National Curriculum

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PREFACE

Wizz Social Studies for grades I to 5 has been conceptualized, penned, composed and designed by professionals and educators who have vast experience of dealing with subject of science in the past. Our books lie well within the frameworks defined by National Curriculum. The newly introduced National Assessment Framework (NAF), that is now an integral part of National Curriculum Framework (NCF) has been particularly incorporated in Wizz Social Studies Series to make sure that basic purpose of this initiative regarding policy and practice level to improve quality of education is actually met. The quality of education has been further made sure with holistic and cognitive approach that identifies specific areas of learning and development that a today's student requires. The series:

- Guides students in a very simple way how to solve the cognitive tasks by creating a comfortable zone.
- Encourages students to practice and apply concepts.
- Involves students in interactive exercise and activities.
- Help students to create a natural space for thinking through well-planned activities.

WHY WIZZ PUBLISHERS?

Wizz Publishers is the best choice for students because it is:

- Backed by practical experience and critical analysis for over 30 years.
- Developed, designed and printed with the latest and modern techniques.
- Available at economical prices keeping in view the recent economic melt down domestically.
- Based on well-planned activities and systematically developed exercises.
- Helpful for students to develop the 21st century life skills for a bright future.

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Wizz World of Social Studies

GRADE 1

CONTENTS



Unit 1
Me And My Family 3

Unit 2
Keeping Ourselves Clean And Safe 9

Unit 3
School, Games And Rules 16

Unit 4
Good Habits 27

Unit 5
Our Flag 34

Unit 6
Our Country 39

Unit 7
Jobs And Duties 47

Unit 8
Transport 54















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Unit 1

Me And My Family

Students' Learning Outcomes

All students will be able to:

- Introduce themselves and tell about their favourite things.
- Identify some family members like parents, brothers, sisters, grand parents, aunts, uncles and cousins (paternal and maternal)



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- My Name is Ali.
- I am a boy.
- I study in class I.
- I live in Lahore.
- I like to play football.

- My Name is Amina.
- I am a girl.
- I study in class I.
- I live in Multan.
- I like to play
- Hide and Seek.



My name is Ali. I live in a joint family. There are six members in my family, my father, mother, grandfather, grandmother, my sister and me.



My father's brother also lives with us. He has a wife and two children, who are my cousins. We all live happily together.

I love my family. We celebrate festivals together. I help my mother by keeping my room neat and clean, and i also take care of my grandparents. My cousins and I enjoy playing cricket. Everyone in our family loves and respects each other.

My name is Amina. I live with my father, mother and two younger brothers.



I try to help my mother in the Kitchen. I play games and watch cartoons with my brothers. My father has brothers and sisters, but they live in other cities.

We love visiting them and we all care and respect each other.



Teacher's Note

Explain to the students that every family (big or small) is special. Tell them that family members must show love, care and respect for one another. Explain the importance of helping elders, listening to parents and being kind to brother, sisters and cousins.

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All About Me:

- My name is _____.
- I am _____ years old.
- My birthday is on _____.
- I live in _____ city.
- My school name is _____.
- I go to _____ school.
- My favourite colour is _____ .
- My favourite food is _____.
- My favourite animal is _____.
- When I grow up, I want to be a _____.
- I like to play _____ .
- I feel happy when _____ .
- My favourite place to travel is _____ .
- The name of my best friend is _____ .
- I have _____ brothers and _____ sisters.

This is me!



- Some families live in a big family. Grandparents, parents, uncles, aunts and cousins all live together in one house.
- Some families live in a small family (Nuclear family) in which only parents and children live together.

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My Favourite Things:

Draw and colour your favourite things like food, sports, Animals colour etc. Also write their names.

Check Point

1 Unscramble The Words.

gfradnathder



_____

grhaernmdotre



_____

trefah



_____

oermht



_____

oscuni



_____

errbtoh



_____

tseisr



_____

lceun



_____

tyuna



_____

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2 Question Answers.

i. How many family members do you have?

_____

_____

ii. Why is it important to live with love and respect with your family?

_____

_____

3 Draw / paste the pictures of your family members.

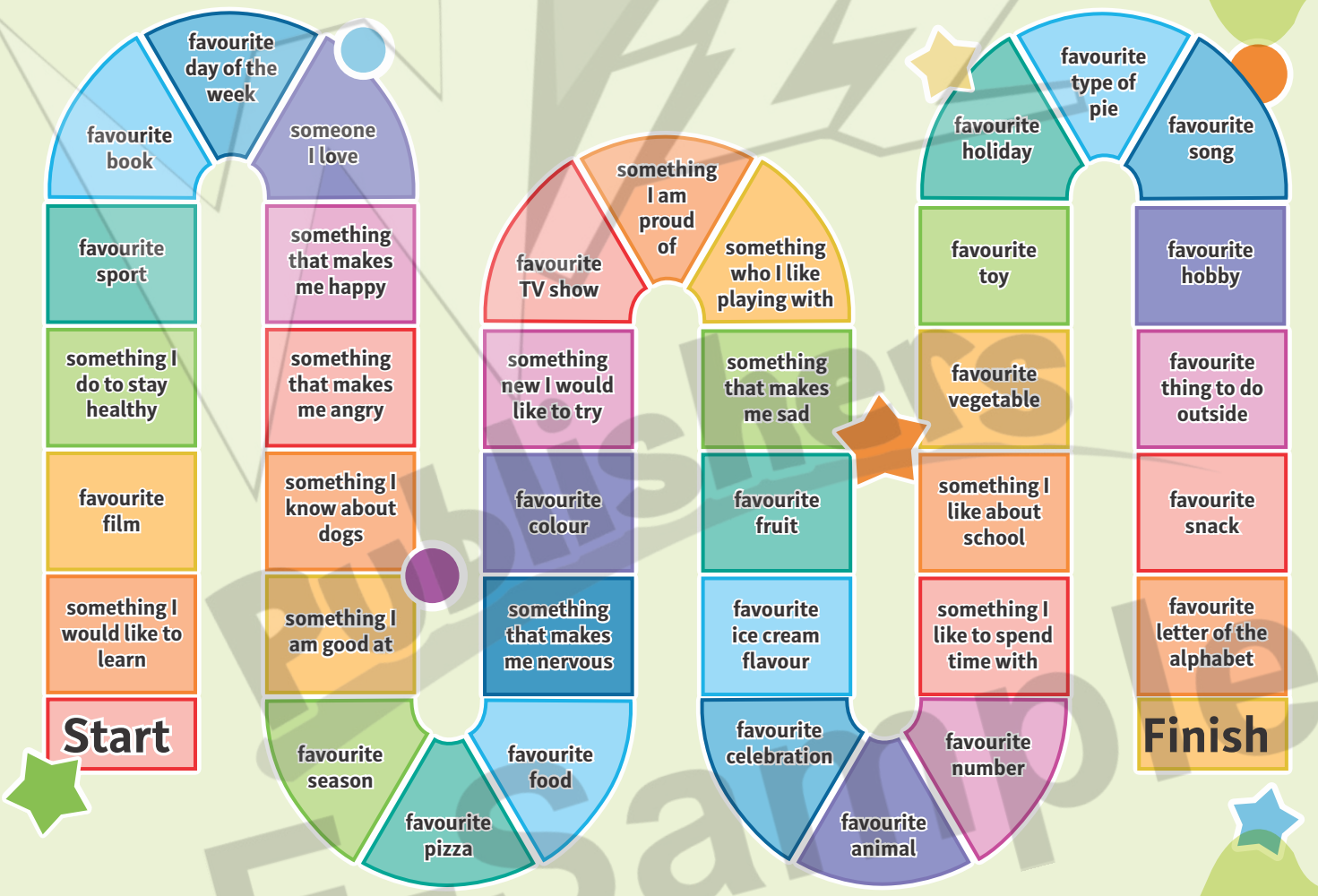
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Suggested Activities

All About Me Board Game Instructions: To play this game, you will need a counter for each player and a dice. Take it in turns to roll the dice and move your counter along that number of squares. Read what is written in the square you've landed on and share your answer with your friends. The game can be played with 2–4 players. The first player to get to the finish, wins!

All About Me



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Unit 3

School, Games and Rules

Students' Learning Outcomes

All students will be able to:

- Describe the activities engaged in school.
- Recognise the importance of following rules.
- Recognise the importance of collaboration and participate in group activities and games.
- Define rules and the importance of obeying them.



At School

School is a place where we learn, play and grow. At school we:

- Read and write.
- Listen to our teachers.
- Paint and draw pictures.
- Play with our friends.
- Keep our classroom neat and tidy.







Remember

School is like our second home. We must care for it.

Games and Activities

Games are fun activities that we play at school and at home. They make us strong, happy and help us make friends.

Indoor Games: Games we play **inside the classroom or home**, like:


Ludo


Table Tennis


Puzzle

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Outdoor Games: Games we play **outside in the playground**, like:



Cricket



Football



Skipping Rope

When we play games, we must:

- Take turns
- Play fair
- Help our friends
- Cheer for our friends
- Enjoy together

Playing together teaches us to share, cooperate and become good friends.

Remember

We should not fight while playing games and we should accept the results whether we win or lose.

Rules at School and in Games

Rules are instructions that tell us what we should do. Rules are simple instructions that help everyone.

Rules are important because:

- Rules keep us safe.
- Rules help us play fair.
- Rules make learning and playing happy for all.

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Rules at School:

Following are the examples of rules students should follow at school.

- Listen to your teacher.
- Raise your hand before speaking.
- Wait for your turn.
- Keep your classroom and school clean.
- Walk quietly in line.
- Do not push anyone.
- Take care of your books and things.
- Help your classmates when in need.






Rules in Games:

Everyone should know the rules of a game you are about to play. Examples of rules in Games:

- Wait for your turn.
- Do not push or hurt others.
- Follow the steps of the game.
- Do not fight and play fairly.
- Accept the results and be kind either you win or lose.




Remember

Rules are for everyone! When we follow rules, everyone feels safe and enjoys learning and playing.

Think & share!

Share about one game you played where you followed the rules, played fairly, and accepted the result with pride.

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Traffic Rules

On the road, we see **traffic lights**. Traffic lights have **three colours**:

- **Red** means **Stop**.
- **Yellow** means **Get Ready**.
- **Green** means **Go**.



Traffic rules keep us safe when we walk or travel on the road.

Read The Poem

Red light, red light, what do you say?
I say stop, stop right away.

Yellow light, yellow light, what do you say?
I say wait till the light turns green.

Green light, green light, what do you say?
I say go, go right away.

Rules to follow on the road:



- Always look right, left and right again before crossing.
- Cross only when the light is green for walkers and red for cars.
- Use the zebra crossing.
- Never run while crossing the road.
- Hold an elder's hand while crossing or walking on the road.

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- Do not stick your head or hand out from a moving vehicle.
- Remain seated in a moving vehicle.
- Always walk on the footpath. If there is no footpath, walk on the side of the road.

Zebra Crossing:

A zebra crossing is the black and white striped lines on the road. It is made for people to cross safely. Cars and buses must stop at the zebra crossing to let people pass.

Remember

We must follow traffic rules because they keep us safe and prevent accidents.

Think & share!

What can happen if we do not follow traffic rules?



1 **Choose the correct option.**

i. A place where children go to learn and play is called a:

a. Home
b. Market
c. School
d. Playground

ii. We cross the road safely on the:

a. Bridge
b. Footpath
c. Zebra Crossing
d. Playground

iii. The traffic light that means Stop is:

a. Green
b. Yellow
c. Red
d. Blue

iv. Games we play outside in the playground are called:

a. Indoor Games
b. Outdoor Games
c. Board Gamesd
d. Quiet Games

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2 Fill in the blanks. Using the work bank.

WORD BANK clean | friends | rules | teacher

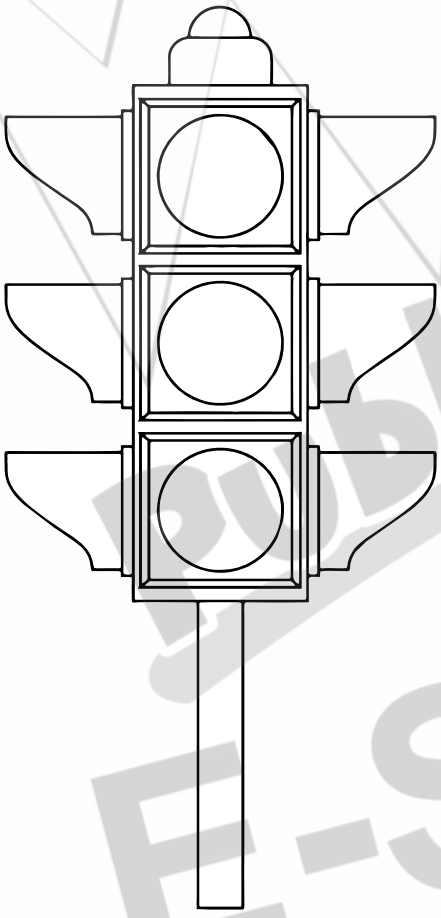
i. We must follow _____ at school and in games.

ii. Our _____ helps us learn new things.

iii. We play games with our _____ at school.

iv. We should keep our classroom _____ .

3 Colour and label the traffic lights.



_____

_____

_____

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4 Road Safety Reminder Note.

Help yourself remember the steps to safely cross the road by writing them below.



5 **Draw and colour your favourite game. Then write about the rules (3-5) you follow while playing it.**

My favourite game is _____ .

Following are the rules:

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7 **Look at the pictures carefully. Put a (✓) if it is safe and (✗) if it is unsafe.**



















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8 Answer the following questions.

i. Why are rules important?

ii. Where should we cross the road?

iii. What should we do before speaking in class?

iv. What should we do when we see red light?

v. Write any two rules that we should follow at school.

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Unit 5

Our Flag

Students' Learning Outcomes

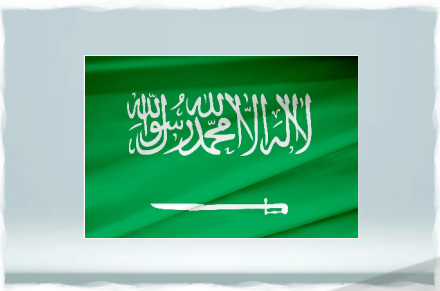
All students will be able to:

- Tell the full name of our country and the date of formation.
- Recognise that all the countries have a flag.
- Draw the flag of Pakistan.
- Identify the colour and symbols a flag represents.

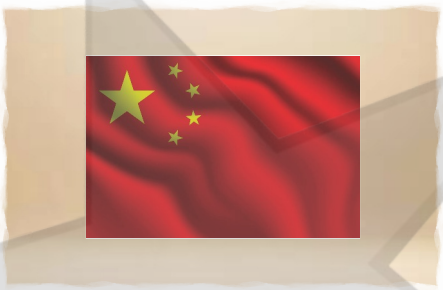


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Every country has its flag. The flag is a symbol of the country and its people, we should respect it.



Saudi Arabia



China



Iran



Afghanistan



United Kingdom



United States of America

The name of our country is Islamic Republic of Pakistan
It came into being on the 14th of August 1947.



We live in Pakistan. Pakistan is our home, and we love our country. Quaid-e-Azam Muhammad Ali Jinnah was the founder of Pakistan.

The colour of our flag is green and white. Green represents the majority of Muslims and white represents non-Muslims (minorities).

- The flag of Pakistan has a white crescent and a white star on a green part.
- The crescent an a Pakistani flag shows progress.
- The star on a flag shows light and knowledge.

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Check Point

1 Choose the correct option.

i. What is the full name of our country?

a Republic of Pakistan
b Islamic Republic of Pakistan
c Kingdom of Pakistan
d United States of Pakistan

ii. Who was the founder of Pakistan?

a Allama Iqbal
b Quaid-e-Azam Muhammad Ali Jinnah
c Liaquat Ali Khan
d Fatima Jinnah

iii. What does the Crescent on our flag symbolise?

a Peace
b Power
c Progress
d Light

iv. What does the star on our flag represent?

a Light and knowledge
b Money and power
c Fame
d Mountains

iv. Why do countries have flags?

a To play games
b To show identity and unity
c To decorate buildings
d To confuse people

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2 Fill in the blanks. Using the word bank.

WORD BANK

14th August | People | respect | crescent | star | green | white

i. The flag of Pakistan has _____ and _____ colours.

ii. It has a _____ and a _____ in the center.

iii. We should _____ our national flag.

iv. Flag represent country and its _____.

v. Pakistan came into being on _____.

3 Draw and colour the flag of Pakistan.

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4 Write (T) if the statement is true and (F) if the statement is false.

i. Pakistan came into being on 14th August 1947. _____

ii. The Crescent on the flag shows darkness. _____

iii. Quaid-e-Azam is the founder of Pakistan. _____

iv. The star on our flag represents wealth. _____

v. The flag is a symbol of the country and its people. _____

5 Answer the following questions.

i. What does the green colour in the flag represent?

_____

_____

ii. What does the white colour in the flag represent?

_____

_____

iii. How many colours are there in the flag of Pakistan?

_____

_____

iv. What does a crescent and a star represents?

_____

_____

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Unit 7

Jobs and Duties

Students' Learning Outcomes

All students will be able to:

- Identify common jobs and their duties.
- Understand the roles of different community helpers.
- Show appreciation for the work people do in their community.
- A job is work done by people to help others and to earn money.
- People in our community do different kinds of work.
- They help us every day.



Job: A **job** is the work that people do to earn a living.

Duties: **Duties** are the tasks or responsibilities people have to do as part of their job.

Community Helpers

Community helpers are people who work in our community and help us in different ways.

They make our lives safe, healthy, and comfortable.

Examples of community helpers are **teachers, doctors, farmers, policemen and shopkeepers**.

Different Professions

Teacher

A teacher helps us learn new things in school.
They guide us and make us smarter.





Doctor

A doctor treats sick people and gives them medicine. Doctors help us stay healthy.

Farmer

A farmer grows fruits, vegetables and crops.
They work hard to give us food.





Policeman

A policeman catches thieves and keeps the city safe.
They make sure everyone follows rules.

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Shopkeeper

A shopkeeper sells things like toys, books and food.
We buy daily needs from their shop.



Driver

A driver drives cars, buses or trucks.
They help people travel from one place to another.



Carpenter

A carpenter makes tables, chairs, doors and other wood items. They work with wood.



Postman

A postman brings letters and parcels to our homes.
They help us get messages from others.

All jobs are important because they help the community in different ways. We should respect every person for the work they do. As human beings, we should treat every professional with respect and kindness. We should say "thank you" to people who help us. We must speak politely, never look down on anyone, and show respect for all kinds of work.

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Check Point

1 **Complete this sentence:**

- My name is _____ I want to be a _____

  because _____

2 **Read each statement carefully and tick (✓) the correct answer.**

i. Who teaches children at school?

a Doctor
b Teacher
c Firefighter
d Farmer

ii. What does a doctor do?

a Builds roads
b Teaches students
c Cooks food
d Treats sick people

iii. Who keeps the community safe from crime?

a Chef
b Police officer
c Driver
d Tailor

iv. What should we do for community helpers?

a Ignore them
b Be rude to them
c Appreciate and thank them
d Make fun of them

v. Who delivers our letters and packages?

a Postman
b Plumber
c Tailor
d Nurse

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3 Look at the picture. Write the name of a profession and tell what they do?



Name: _____

What they do? _____



Name: _____

What they do? _____



Name: _____

What they do? _____



Name: _____

What they do? _____

4 Answers the following question.

i. Who is community helper?

A. _____

_____

ii. Name one profession and what they do?

A. _____

_____

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iii. Who grow fruits and vegetables for us?

A. _____

_____

4 **Write about profession of teacher, doctor, police and postman in your own words.**

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My Parent's Job

Instructions:

i. Think about what your father or mother does as a job.

ii. Draw a picture of your parent at work in the box provided.

iii. Write the name of the profession below your drawing.

iv. Write one thing they do in their job.

Picture

Name of Profession: _____

What they do? _____

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